

Omicron 特性

- 快速传播
- 潜伏期较短
- 重复感染和接种后感染
- 无症状感染
- 对未接种疫苗长者构成重大健康风险

新冠疫苗

- 复必泰及科兴疫苗均安全有效
- 大幅减低重症及死亡
- 绝大部分长者适合接种，绝对疫苗禁忌十分少
- 接种好处远大于风险



衛生防護中心
Centre for Health Protection

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**Guidelines for Residential Care Homes for the Elderly and
Residential Care Homes for Persons with Disabilities
for the Prevention of Coronavirus disease
(COVID-19)
(Interim)**

I. Disease Information and Affected Areas

Please visit from time to time the following website for disease information, affected areas and updated information related to COVID-19: <https://www.coronavirus.gov.hk/eng/index.html>

The Department of Health advises residential care homes to take the following precautionary measures to minimize the risk of contracting and spreading COVID-19.

II. General Preventive Measures

A. Maintain good personal hygiene and Immunity

- (a) Perform hand hygiene properly when entering the institution, before touching your eyes, nose or mouth; before eating; after using the toilet; and touching public installations or equipment such as elevator control panels or door knobs. In addition, staff should perform hand hygiene at the beginning of the workday, before feeding residents, before and after touching residents and after touching their surroundings.



衛生防護中心乃衛生署
轄下執行疾病預防
及控制之專業架構
The Centre for Health
Protection is a
professional arm of the
Department of Health for
disease prevention
and control

院舍感染控制

- 个人及环境卫生
- 通风
- 社交距离
- 监察症状
- 院友入院离院
- 探访
- 隔离
- 当院友染疫或成为接触者

1. 檢測結果呈陽性 / 初步陽性感染人士須知
<https://www.coronavirus.gov.hk/chi/early-testing.html#testPositive>
2. 居安抗疫計劃
<https://stayhomesafe.gov.hk>
3. 如何進行快速抗原測試
<https://www.youtube.com/watch?v=aeDummTkpA0>
4. 預約社區疫苗接種中心打針
https://booking.covidvaccine.gov.hk/forms/index_tc.jsp
5. 預約私家醫生打針
<https://www.covidvaccine.gov.hk/zh-HK/VSS>
6. 社區檢測中心預約情況
<https://booking.communitytest.gov.hk/zh-HK/>
7. 預約社區檢測中心
https://booking.communitytest.gov.hk/form/index_tc.jsp
8. 查閱檢測結果 (需輸入身分證明文件及化驗所/樣本/樣本瓶號碼)
<https://www.evt.gov.hk/portal/zh-HK/>
9. 自費檢測
https://www.coronavirus.gov.hk/pdf/List_of_recognised_laboratories_RTPCR.pdf
10. 各區流動採樣站
<https://www.communitytest.gov.hk/zh-HK/station/>
11. 深喉唾液測試 — 醫院管理局普通科門診所樣本收集包派發點及樣本收集點
https://www.coronavirus.gov.hk/pdf/HA_clinics_submission_time_bilingual.pdf
12. 深喉唾液測試 — 全線郵政局(除流動郵政局外)派發樣本瓶
https://www.hongkongpost.hk/tc/about_us/network/SpecimenCollection/index.html
13. 深喉唾液測試 — 測試樣本收集點
https://www.coronavirus.gov.hk/pdf/specimen_collection_points.pdf
14. 確診大廈
<https://www.chp.gov.hk/tc/features/102991.html>
15. 強制檢測場所
<https://www.chp.gov.hk/tc/features/105294.html>
16. 家居檢疫大廈
https://www.chp.gov.hk/files/pdf/stayhomesafe_buildings.pdf